

#### WHAT IT MEANS TO BE A WITCH



Created by:

BRITTANY ROSE & MEG RESNICK

# **JYPES OF SPELLS**

Spells are using tools, intentions, and natural elements to raise and aligning energy to align with a specific goal or purpose.

**CONSECRATION** Clearing and attuning energy of objects for spells. Dedicating an object for a purpose.

**PROTECTION** Spells done to turn away negative and harmful energies.

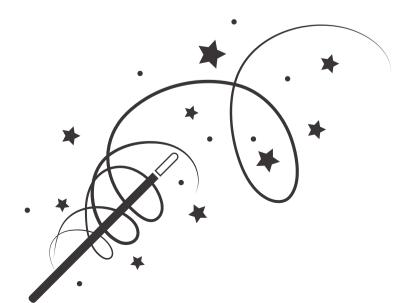
**DIVINATION** Connecting with spirits, guides, internally and with tools to receive information.

**CANDLE** Enchanting a candle for a specific purpose.

MIRROR Mirrors can be used for protection, scrying, creating a portal for spirits, and glamours

**CONTAINERS** Jars and bags filled with herbs, crystals, intentions, and symbols

**BURNING** Burning things to represent what you want to release.



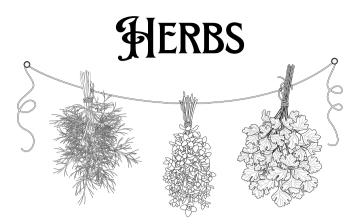
### RITUALS

Rituals are working with the energy that already exists, by following the cycles of the year.



- **FIRST OF** Blow cinnamon through front door to call in abundance.

   THE MONTH
   Cl
- THE MONTH Cleanse your space with sage, smudge sticks or salt
- **NEW MOON** Set intentions about what you want to manifest.
- TULL MOON Release what is no longer serving you.



Basil- courage, attracting money, protection, uplifting your spirit Bay Leaf- wishes, protection, success, strength, success, wisdom Cinnamon- abundance, prosperity, and success Chamomile- love, sleep, protection, purification, stress relief **Clove-** good luck, success, positive energy Dandelion- summon spirits, divination, wishes, healing, purification Dill-Success, abundance, love, protection Feverfew- good health Ginger- increase power of spell, success, money, love, power Honeysuckle- confidence, success, financial abundance, enhances intuition Lavender- peace, love, happiness, patience, ability to manifest desires Lady's Mantle- to increase power in any magical working **Mint**- fertility, protection, abundance, positive energy **Rosemary**- mental clarity and purification, sleep **Rose**- psychic abilities, love, healing Sage- cleansing, uplifting, purification Sandalwood- protection, healing, success, helps raise vibration

# COLORS

Red-love, passion, physical health, strength and courage Orange- energy, attraction, vitality, creativity Yellow- intellect, inspiration, imagination, joy Green- abundance, health, growth, fertility, luck Blue- peace, protection, truth, wisdom, patience Violet- intuition, spiritual connection, divination White- purification, clarity, peace Black- Banishing/releasing negative energy, protection Pink- friendship, connection, self love, spiritual healing



# **CRYSTALS**

**Tiger's Eye-** Helps increase courage and personal power. It activates the first three chakras to help you remain grounded and supported during times of stress. It can aid you in developing a deeper understanding of yourself.

**Carnelian-** Helps increase courage, vitality, sexuality, action taking, and confidence. This helps to activate the first three chakras to increase life force and creative energies.

**Citrine**- This is the stone of happiness, light, and abundance. It is a powerful manifesting stone and attracts prosperity.

**Aventurine**- This is a very lucky stone and also powerful healer. It can help you increase wealth and increase your chances of success in all situations.

**Amethyst**- Natural stress reliever, attracts positive energy and assists people with spiritual growth. It is a protective stone.

Selenite- Unblocks stagnant energy, magnifies the energy of other stones, assists people with spiritual communication.

Quartz- Energizes and activates chakras, amplifies energy of people and other stones.

Lapis Lazuli- Activates the third eye and throat chakras to enhance intuition, access to spiritual guidance, and ability to speak your truth.

**Rose Quartz**- Strengthens all forms of love, facilitates joy, emotional healing, increases hope, calm, and feelings of peace.

#### MOON PHASES



NEW MOON Setting new intentions, planting energetic seeds WAXING CRESCENT Growing roots, taking steps toward your goals TIRST QUARTER MOON Clearing blocks toward goals and taking action toward goals WAXING GIBBOUS MOON Refine your plan and align closer to your intentions TULL MOON Celebrating your achievements, expressing gratitude, reflecting on progress WANING GIBBOUS MOON Releasing old patterns and habits and reflecting on lessons SAST QUARTER MOON Reflecting on past cycle, forgiveness, and releasing the past WANING CRESCENT MOON Resting, relaxing, restoring your energy and surrendering to the Universe.

### ELEMENTS

ARTH

Direction: North Colors: Green, Brown, Black Zodiac Signs: Taurus, Virgo, Capricorn **Tarot:** Pentacles Chakra: Root Magickal Tools: pentacles/pentagram, salt, stones, cords, dirt Correspondences: physical body, safety, security, abundance, physical world, grounding, fertility, rebirth Spell types: burying, cord magic, programming crystals, magnetic spells Planets: Venus, Saturn Deities: Gaia, Persephone, Terra Energy Type: Feminine Herbs: Includes, but not limited to: Mugwart, Patchouli, Basil, Rosemary, Thyme, Sage Crystals: Moss Agate, Emerald, Jade, Peridot, Malachite, Obsidian, Black Tourmaline, Jet, Petrified Wood





Direction: East Colors: Yellow, gold, white, pastels Zodiac Signs: Gemini, Libra, Aquarius Tarot: Swords Chakra: Heart Magickal Tools: athame, sword, incense, wand Correspondences: intellect, ideas, inspiration Spell types: divination, visualization, and wind magick Planets: Mercury, Jupiter Deities: Zues, Morrigan, Hermes, Boreas Energy Type: Masculine Herbs: Bergamot, lavender, peppermint, pine, sage, frankincense, myrrh Crystals: Flourite, Moonstone, Blue Lace Agate, Selenite, Citrine, Golden Topaz



# ELEMENTS

FIRE

Direction: South Colors: Red, yellow, orange, gold, crimson Zodiac Signs: Aries, Leo, Sagittarius Tarot: Wands Chakra: Solar Plexis Magickal Tools: candles, smudge sticks, incense, firepit Correspondences: transformation, action, power, passion Spell types: burning/releasing ceremonies, cleansing, candle magick, love, power, protection Planets: Sun, Mars Deities: Vesta, Brigid, Freya, Morrigan, Hecate Energy Type: Masculine Herbs: Cinnamon, cloves, ginger, chilis, nettle, orange, thistle, coffee Crystals: Fire Opal, Fire Agate, Ruby, Garnet, Hematite, Bloodstone, Sunstone



### 7 Water

**Direction:** West Colors: Blue, silver, white, gray, seafoam, aquamarine Zodiac Signs: Pisces, Scorpio, Cancer Tarot: Cups Chakra: Sacral Magickal Tools: chalice, cauldron, bowl, water Correspondences: emotion, intuition, subconscious Spell types: lucid dreaming, cleansing, ritual bath, healing, developing psychic ability and enhancing intuition. Planets: Moon, Neptune, Pluto Deities: Oshon, Davey Jones, Danu, Poseidon, Nerus Energy type: Feminine Herbs: Seaweed, aloe, fern, water lily, lotus, moss, gardenia, catnip, cattail, eucalyptus, lilac Crystals: Aquamarine, Blue Calcite, Turquoise, Azurite, Amethyst, Blue Topaz, pearls, Coral



# ELEMENTS

#### SPIRIT

Direction: Central Colors: White, Silver, Purple, Black Zodiac Signs: All Tarot: Major Arcana Chakra: throat, third eye, crown Magickal Tools: Besom, Circle, Clear Quartz, Cords, Familiars, Infinity Symbol, Rainbows Correspondences: Transcendence, joy, hope, wholeness, self-awareness, transformation, ascension, harmony, mystery Spell types: Astral projection, protection (of ones soul), divination, ascension Planets: The whole Universe Deities: All Energy Type: Nonbinary Herbs: Mistletoe, poplar, oak, chestnut, ash, cannabis, tobacco, lotus Crystals: Quartz, Pearl, Opal, Amethyst



#### **CASTING A CIRCLE**



In Witchcraft casting a circle is a foundational practice that helps to create a sacred, safe space for their magickal work. This space can also act as a protective barrier or boundary between the physical and spiritual realms that keeps out any negative or unwanted energy. It also can be thought of as a space where the limits of the physical world fade away, where time and space do not exist. Within this sacred space a witch can perform rituals/spells or gain unobstructed focus to connect with higher powers. Once the magickal work is complete, the witch can "close" the circle to seal in the power of that spell and return to a normal state where energy can flow freely.

#### **JO CAST A CIRCLE:**

**Cleanse:** Cleanse yourself and the area physically and spiritually. Spiritual cleansing often looks like smudging or sound bathing. For smudging you can burn palo santo, sage or any other cleansing herb (incense or bundled). For sound bathing you could use bells or gongs or bowls to allow the sound itself to purify the energy.

#### Gather tools:

1. Salt water or sea salt (you can also imagine and circle of white light, flames or a bubble, can use cords, or natural items like flowers or sticks/dirt as your boundary).

- 2. Athame (ritual knife), wand or your finger works fine!
- 3. Candles
- 4. Crystals
- 5. Incense/herb bundle
- 6. Matches
- 7. Compass

**Set your intention:** Focus on what you want to manifest or transform through your work in the circle. Your intention is key within this work. It helps you to control and boost the energy. Ground yourself by visualizing source energy coming up through the earth through you, and from the sky (it feels like pulling the energy towards you).

**Call the corners:** Starting with your compass find the east point and draw the circle (clockwise) with your finger, athame or wand and say

"Guardians of the east and the element of air, I summon you to guide and protect this sacred space and all work done within this circle, that it may be for the highest purpose and power for the greatest good of all" as you place your salt or sprinkle your salt water (or any tools you use to create the circle boundary material or visualized).

Do this for each element and its corresponding direction (when clockwise it would be: E,S,W,N) then say "This circle is cast, so above as below, so mote it be".

**Spell work/Ritual:** Once you feel that the energy is present and the circle is secure, move on to your ritual or spell work, staying in the circle at all times.

**Circle Closing:** To close the circle, thank each element and direction for its energy and protection and reverse the order (counter clockwise) by saying "Guardians of the North and the element of Earth, take with you my blessings and gratitude, I bid you farewell". Do this for each Element and direction (when counter clockwise it would be: N, W, S, E). Then say "the circle is now closed and energy may flow freely as it did before". Gather your tools and blow out any flames, your work is complete!



DATE	-		
Intention			
LUMAR PHASE			
Tools			
Ritual			